



# Co-Educate

## The Things We Say



**CREATE** a list of encouraging short phrases that inspire creativity and build confidence. Draw the words in ways that visually communicate by using lines, shapes, colors, and visual symbols that convey the message.

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**PRESENT** a favorite phrase with a cool rhythm. Teach others to chant it together, enthusiastically and joyfully, three times.

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**RESPOND** by discussing how it feels to hear positive messages.

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### DISPLAY THESE PHRASES

Post positive notes in places where children and others will see them.



**CONNECT** the phrases with learning moments. When can you weave these encouraging phrases into everyday conversations?

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Education