



The Things We Say

Creative Moments



CREATE a list of encouraging short phrases that inspire creativity and build confidence. Think of each family member's strengths and what could help make their creative skills shine.



PRESENT a favourite phrase with a cool rhythm. Teach others to chant it together, enthusiastically and joyfully, several times.



RESPOND to each other's encouraging words by discussing how it feels to hear positive messages.

DISPLAY THESE PHRASES

Post positive notes in places where family members will see them--perhaps on the refrigerator or door so they get a creative boost before they leave home.



CONNECT the phrases with creative moments. When else can you say these encouraging phrases and how can you weave them into everyday conversations?

Draw the words in ways that visually communicate by using lines, shapes, colours, and symbols that convey the message.

Note for teachers and parents: Share children's artwork on social media using #StayCreative



For more **Creative Moment** ideas use this QR code or go to [crayola.ca/campaign-for-creativity](https://www.crayola.ca/campaign-for-creativity)

