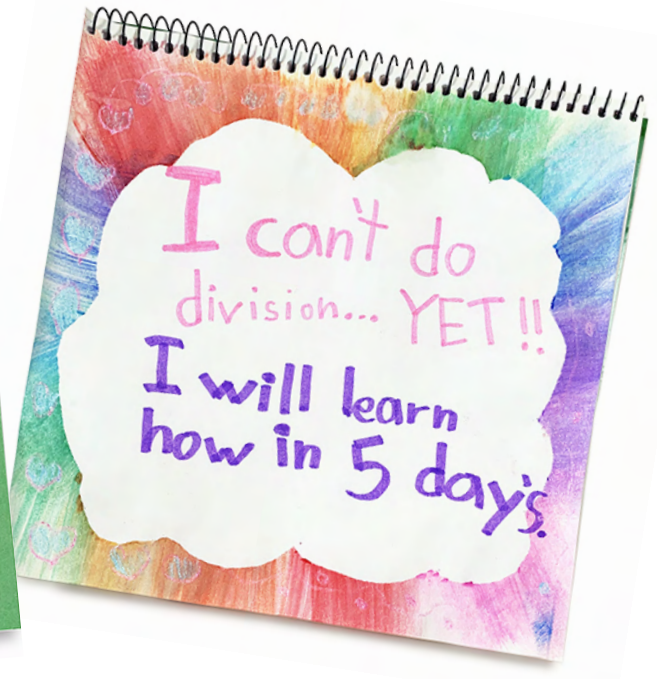


# CREATE A 'NOT YET' JOURNAL

When you say, 'I can't do it,' it sounds pretty final. If you say 'I can't do it . . . YET,' it sounds like you are working on it and will be able to do it soon. It shows that you know you are still learning and that what you are trying to do is possible, just not yet.



**CREATE** a 'Not Yet' journal. Make it super special and use it to record your goals and plans to achieve them.



**PRESENT** your journal in a small group. Talk about the cover design and how you made it. Discuss your use of colour and shape. How do they add to the overall composition? What message does your cover design communicate? Why is that a good message for your journal?



**RESPOND** to your classmates' journals. Compare the designs and messages they communicate. How are they the same as yours? Share ideas about the 'not yet' idea. How does it help develop a growth mindset?



**CONNECT** how writing a goal using a 'not yet' mind set makes you feel about being able to achieve it. When you write your plan be specific. Describe what you want to do. Set a target date for achieving it. Then start working!