

Gifts from Hand & Heart

Planning a Surprise



CREATE a list of surprises that you like and why. Consider whom you would like to surprise with a handmade gift and the many ways you might be able to surprise others in a joyous way.



PRESENT a handmade gift in a way that delights another person. Plan the gift and the surprise delivery with that person's interests and needs in mind. Have a plan and a backup plan for the surprise delivery—in person or remotely via mail or digital sharing. What might go wrong and how can you adjust to something unexpected that might surprise you?



RESPOND to the gift making and giving experience by thinking about feelings—yours and the other person's. Did anything surprise you?



CONNECT this gift-giving experience with the unexpected situations you face in daily life. What surprises delight you and are a gift? What surprises frighten or embarrass you? How does connecting surprise with feelings help you plan wonderful surprising experiences?



When we receive gifts, especially those that are a surprise, how can we express our appreciation?

- use positive language that expresses how you feel
- consider how the other person is feeling
- listen and ask questions—there is always something more we can learn
- if it was handmade ask how it was created
- thank the person for thinking about you and making or selecting something for you

