

# Picnic Planning Song

## Cultural Leadership



**RESPOND** to the song template by singing each section in a rhythmic and fun way. Practice performing the *Opening* together, then during the *Chorus*, add claps, pats, head nods, or other interactive motions such as foot stamps or knee bumps. End the *Chorus* with a member of the group adding the location for the picnic. Decide who will choose the place and which three people will add foods and activities to the *Individual Contributions* section. After those four individuals have guided the song with their ideas, return to the *Opening* and repeat with the individual singing "Did you pack the \_\_\_\_?" and classmates responding, "Yes, we packed the \_\_\_\_!"

Urge participants to consider unexpected places for the picnic. What if you were going to the Moon or the bottom of the ocean? It can be an imaginary trip to someplace far away or a nearby favourite location. When planning what to pack, encourage each other to think of favourite foods, especially those that classmates might not be familiar with. You could also choose to pack some activities.



Kedaton C.



**CONNECT** the *Individual Contributions* to the collective plan. Is the basket filled with a balance of nutritional foods that provide protein and vitamins, as well as energy and fun (sweets)? Notice how foods can represent diverse cultures and taste preferences. How can a shared picnic experience, even an imaginary one, help to build awareness of many cuisines and cultures?

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Chelsea N.



Chris A.



Daniel A.



**CREATE** a picture of what you will pack for the picnic. Consider foods and games that are traditional for your family or community, such as empanadas, samosas, sushi, a mancala board, sidewalk chalk, or a piñata. Sketch your food or activity, design and colour it, then cut it out.

SKETCH ONE FOOD OR ACTIVITY TO PACK FOR THE PICNIC.  
THEN CUT IT OUT AND ADD IT TO THE COLLECTION AS YOU CONTRIBUTE YOUR ITEM TO THE SONG.



**PRESENT** your sketched item when it is your turn to add an *Individual Contribution* to the song. Hold up and name the art you are packing. Then place it into a real or pretend picnic basket. After the song is complete, take a few minutes to describe any foods or activities that are unfamiliar to some classmates. For an activity, you might explain how a favourite game is played or the history of a traditional activity. For a food, name the ingredients, describe the taste, and tell classmates why you like it or why it is important to bring on a picnic. Repeat the song until everyone has had a turn to contribute their art to the basket.

