Liberating Spaces

Freedom! Reflect and Celebrate



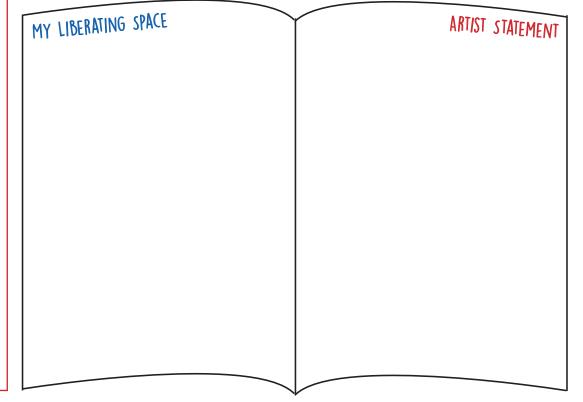
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ARTIST STATEMENT

My favorite space where I feel free is at the beach. I love to look at ships, play in the sand, build castles, and be with my family. My favorite ship is the Titanic.



CREATE a sketch that represents a feeling of being free. Where do you feel free? Is it a physical, emotional, or mental space? Consider ways you could modify this space to increase the sense of comfort, growth, or pride. What would you add to, keep, or remove from this space? Add vibrant colors to your sketch and fill it with symbols, patterns, and designs that bring you joy.





PRESENT your sketch to family or friends. Share a description of this place, real or imaginary, and explain why it brings you joy and the feeling of freedom. Invite them to create their own freedom place sketches.



RESPOND to each other's sketches. Discuss the similarities and differences. How does the feeling of freedom influence the physical, emotional, and mental space we design for ourselves and others?



CONNECT your emotions to an experience where you felt liberated and free. What was happening at that time? Where is this place? If you could alter the setting and characters in the story, what would you change to increase the feelings of joy and pride?

